

Executive Functioning tools for the Tech Savvy

Organization & Prioritization

Google calendar – Great tool for families to keep track of each other's busy schedules!

Dropbox -store notes, photos, and other documents that can be accessed anywhere

Complete Class Organizer – Student Version by Will Lakow – great app that has a calendar for organizing class assignments, as well as full notetaking features. It can also connect with Dropbox and Google Docs, which is great as many schools are using these with their students. Students can track assignment grades as well.

iStudiez Pro - This app is a great for students, teachers and parents. It helps you stay on track by scheduling your appointments and reminding you of deadlines. Its features may be more intuitive for high school and college students.

Epic Win – gives children a new way to keep track of their lives in a creative, yet organized, way. EpicWin lets students create an avatar, who then go through "quests" to accomplish assigned tasks. This is great for the reluctant child who responds well to games and challenges. Geared more towards elementary age children.

ChorePad HD -Chore Pad helps parents create and assign family chores while kids earn check marks and stars to track their progress! The underlying purpose of this app is to help parents teach children about responsibility and organization.

iThoughts - This in-depth mapping tool allows students to visually organize their thoughts, ideas and information. It could be especially helpful to older students when organizing thoughts for writing papers.

Popplet -like brainstorm? Maybe you or your child have too many ideas to keep track of one time? Keep your ground-breaking new ideas organized with Popplet.

Flashcards Deluxe by Orangeorapple.com - These aren't your ordinary flashcards. Cards can have up to five sides (imagine: one side pronounces a word; another provides a visual cue; another spells it with a visual; and so on) and customizable colors and themes will help students tailor cards to their needs.

mSecure - This password manager and protector keeps track of crucial personal information and protects it from potential threats.

GoodReader -GoodReader has been praised for its annotating capabilities and quick pace when managing large PDF and TXT files, manuals and books. Its multi-tab option makes it easy to switch back and forth between documents when studying.

Working Memory

Jungle Memory (junglememory.com) – (cost \$50 for 8 wks) computer adaptive memory building website for 7-16 year olds. Recommended use of 4x/wk 15-30 minute sessions, for 8 weeks.

Fitbrains (Fitbrains.com) – (free and paid version) online games and apps for users of all ages with specially designed tracking tools to help maximize and round-out brain skills

Lumosity (free and paid versions) – begins with online fit test for your brain, and then customizes program to help build your brain memory